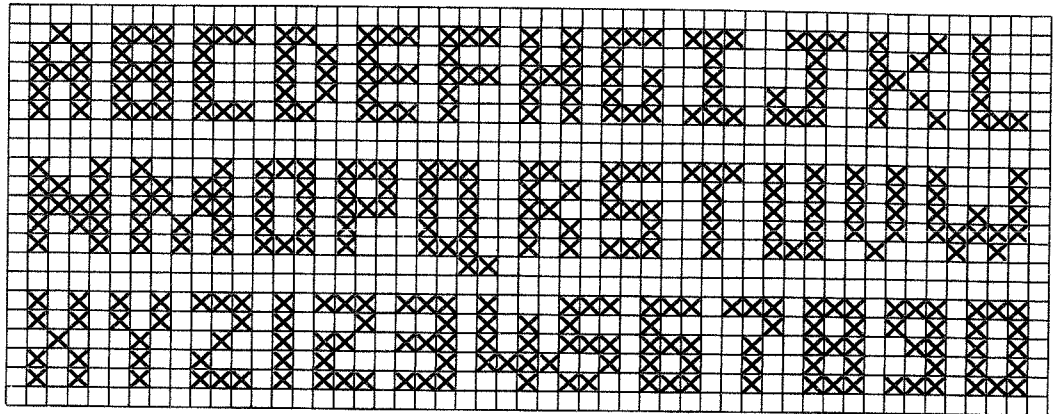


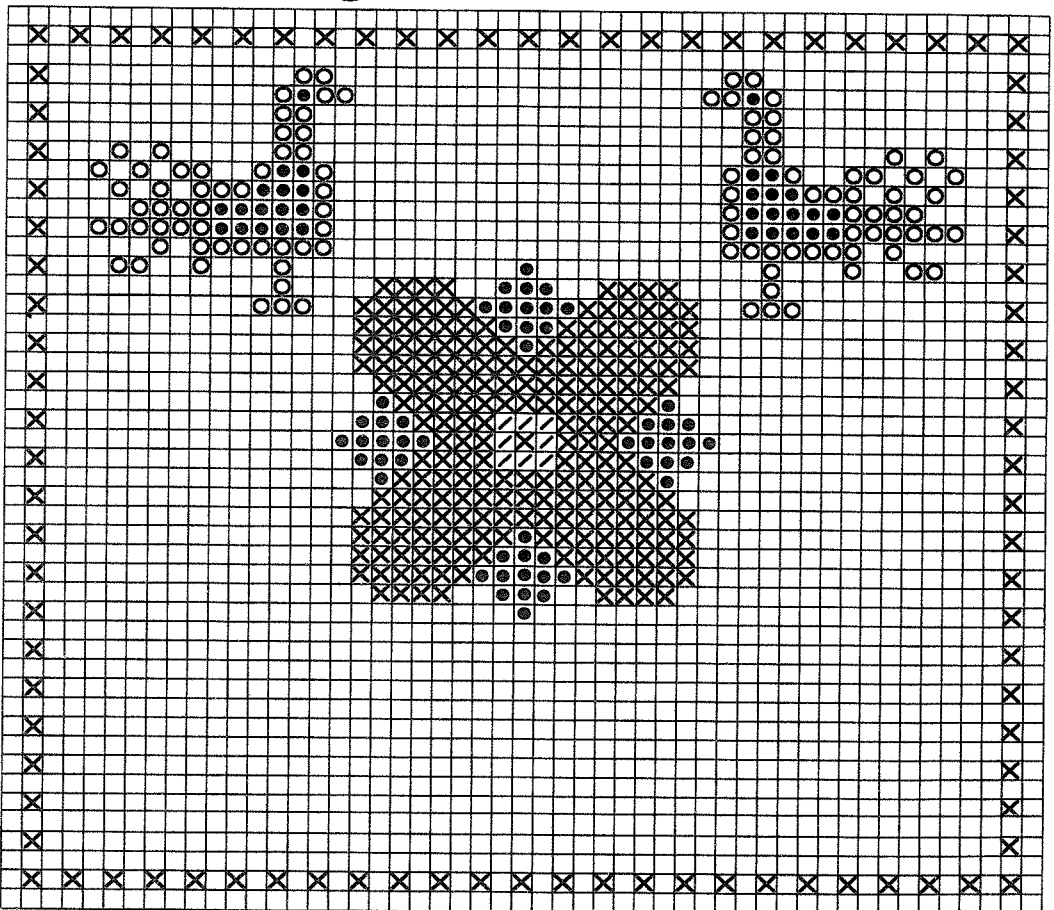
Make a Tudor Needlework Sampler

Most girls and many boys were taught to sew and knit in Tudor times. As they were learning they would produce a 'Sampler' to show how they could copy pictures, writing and numbers in stitching.

Alphabet Guide



Sampler Design



Colour Guide

- x = Red
- o = Green
- v = White
- o = Blue

TASK: Make a Sampler

What you will need:

A needle, some different coloured fine wool (see colour guide below) or embroidery threads, a piece of canvas or binca (14cm X 12cm) with fine holes, a felt pen to mark your pattern on to your canvas and a piece of stiff card 17cm X 14cm.

How to Make Your Sampler

- 1 Draw out your name onto the 'sample design' using the alphabet shown. Let your teacher check your work.
- 2 Transfer your design onto your piece of Binca using felt tip pens to mark out your pattern.
- 3 Using cross stitch, sew the border of your design.
- 4 Choosing the correct colour for each part from the guide above, use cross stitch to fill in the bird designs. Next, cross stitch in your Tudor Rose again using the colour guide.
- 5 Using your own choice of colours, cross stitch your name.
- 6 Mount your work on a stiff piece of card.